



Australian Floorball Association

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Blood Rules Policy

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Prepared:	B. Summers
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Introduction

The Committee of Management of the Australian Floorball Association (identified as AFA in this document) is committed to protecting our members where possible from infection due to blood exposure. While the risk of infection during sport is relatively low, we are also aware of our responsibility to educate and inform members of this issue.

This policy applies to the Committee, casual, permanent and contract staff, members and volunteers.

Purpose

The purpose of this document is to identify the AFA's position on blood exposure rules and to document the standards expected.

Authorisation

Committee of Management
Australian Floorball Association

Policy

- A player who is bleeding or has blood on their clothing must immediately leave the playing field or court and seek medical attention.
- The bleeding must be stopped, the wound dressed and blood on the player's body or clothing cleaned off before they return to the game.
- Play must cease until all blood on the ground or equipment is cleaned up.

Additional Information for players & others

All blood and body fluids should be treated as though they are potentially infectious.

When spills of blood or other body fluids happen:

- avoid direct contact with blood or body fluids;
- cover any cuts on your hands with a Band Aid;
- wear gloves.

If blood or other body fluids spill onto you or someone else or if contact has been made with an open wound, broken skin or mucous membranes (mouth, eyes, genitals) the following precautions are recommended:

- wash the area of contact thoroughly with soap and warm water;
- if the blood contacted your mouth or eyes, rinse well with water;
- see your own doctor as soon as possible.

Once bleeding has stopped and you've cleaned up any blood or body fluids which found their way onto you or others, it's important to disinfect the area where the spill occurred. When doing this:

- wear gloves;
- place a paper towel over the spill and carefully mop it up;
- clean the surface with warm water and detergent or soap;
- disinfect the area by wiping with bleach and dry with a clean paper towel;
- when finished, remove gloves and put them along with the used paper towels in a sealed plastic bag and place in rubbish bin.

- Further detailed information on Infections, Transmission, Prevention, Risk and Discrimination are available in the Blood Rules OK booklet, produced by Sports Medicine Australia & available on the internet at http://www.sma.org.au/pdfdocuments/Blood_book.pdf

Responsibility

The Committee is responsible for the implementation and review of this policy.

All Committee members, casual, permanent and contract staff, members and volunteers are responsible for adhering to this policy.
